

PATIENT CONSENT

UP 4 NUTRITION

1020 exchange parkway suite 160, Allen TX 75013





I understand that as part of my healthcare, UP 4 NUTRITION Originates and maintain health records describing my health history, symptoms, examination, test results, diagnoses, treatment, and any plans for future care or treatment. I understand that this information is utilized to plan my care and treatment, to bill for services provided to me, to communicate with other healthcare providers and other routine healthcare operations such as assessing quality and reviewing competence of healthcare professionals.

UP 4 NUTRITION's Notice of Privacy Practices provides specific information and complete description of how my personal health information may be used and disclosed. I have been provided a copy of or access to the Notice of Privacy Practices and understand that I have the right to review the notice prior to signing this consent. I understand that UP 4 NUTRITON reserves the right to change the Notice of Privacy Practices. Prior to implementation of the revised Notice of Privacy Practices, the revised Notice will be mailed to me if I provide my address below.

I understand that I have the right to restrict the use and/or disclosure of my personal health information for treatment, payment or healthcare operations and that UP 4 NUTRITION is not required to agree to the restrictions requested.

I understand I may revoke this consent at any time in writing except to the extent that UP 4 NUTRITON has already taken action in reliance on my prior consent. This consent is valid until revoked by me in writing.

I request the following restrictions on the use and/or disclosure of my personal health information. I further understand that any and all records, whether written, oral or in electronic format, are confidential and cannot be disclosed without my prior written authorization, except as otherwise provided by law. I have been provided and have reviewed UP 4 NUTRITON Notice of Privacy Practices.